

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Abbreviations & Key Codes: ACT – Activities Room- SYN – Synagogue- CH – Channel- CH4 – In-House YouTube Movies & Music-CH5 – In-House Live Stream-2DR – Second Floor Dining Room-3DR – Third Floor Dining Room-4DR – Fourth Floor Dining Room 1-1 visits daily throughout the building. Blue Morning Orientation Circle Daily--- Tuesday’s Paws & Comfort: Pet Therapy Visits with Daisy Wednesday’s Pet Therapy Visits with Lillie ...Thursday Pet Therapy Visits with Tebo Book Cart Visit Throughout the Day 4th Fl on Friday’s “Alternative activities, independent leisure supplies, and individualized visits available daily based on resident preference and ability.”						
July Activity Calendar						
10:30 Bridgepoint Christian Service (3DR) 1:30 Catholic Visits 2:00 Resident Volunteer Run: Beading & Design (3SDR) 4:15 Table Talk & Tunes: (2DR) 7 : 0 0 Dancing with Dr. Levine (SYN)	9:45 Mindful Movers: Gentle Yoga & Stretch Flow (3DR) 10:30 You Be the Judge: Life Choices (3DR) 1:45 Bingo Bonanza (ACT) 3:00 20 Questions: Mind Challenge (ACT) Day Daily Chronicle Connections: News & Neighborly Visits (4th Floor)	9:45 Fit Friends Yoga: (3DR) 2:00 Faith & Fellowship: Catholic Mass Experience (CH5/SYN) 2:45 Life Stories & Group Dialogue (ACT) 4:30 Current Events & Conversation Café (3DR)	Canada Day 9:45 Consciousness Meditation Circle (3DR) 11:00 Resident Lunch Outing 3:30 Bingo Bonanza Social Club (ACT) 4:30 Conversation & Connection Hour (3DR) 6:00 Popcorn & A New Movie Matinee (ACT)	10:00 Art from the Heart Studio: Creative Expression & Personal Design (ACT) 1:45 The Art of Sketching with JJ 4:30 Welcome to the Table Café: Connection, Comfort & Conversation Hour (3DR)	9:45 Word Find Challenge: (3DR) 1:45 Ice-cream Social (2nd floor Patio) 3:00 Conversation Corner with Diane: (3DR) 4:30 Shabbat Melodies & Reflection Hour (CH5) 5:00 Shabbat Dinner Community Dinning and Cultural Connection (CH5 & SYN)	Independence Day (U.S.) 9:45 Broadway & Beyond: Movie Musical Experience (3DR) 10:30 Shabbat Gathering: Service & Spiritual Reflection (SYN & CH5) 2:00 Crafting with Friends (3DR) 4:00 Who Am I? (2DR)
9:45 American Masters Documentary Series (3DR) 1:30 Catholic Visits 2:00 Resident Volunteer Run: Beading & Design (3SDR) 2:00 60s & 70s SingFit Sing-Along (2DR) 4:15 Heling Hands Club (2DR) 7 : 0 0 Dancing with Dr. Levine (SYN)	9:45 Move & Groove: Yoga Dance Party Energy Boost (3DR)s 10:30 Chronicles of the 20th Century (3DR) 1:45 Bingo Bonanza (ACT) 3:00 Laughter & Legacy: (ACT) Daily Chronicle: News & Neighborly Visits (4th Floor)	10:30 Chair Dance Fun (ACT) 1:45 Resident Council (ACT) 2:30 Bingo (ACT) 4:30 Daily Chronicle Café: News, Views & Conversation (ACT)	10:30 The Men Who Built America (3DR) 11:00 Chronicles of The 20th Century 1:45 4th of July Concert Joy Katzen (ACT) 4:30 Table Talk & Tunes Café:	9:45 Art from the Heart Studio: Creative Expression & Sensory Exploration (ACT) 1:45 Seated Volleyball Tournament (ACT) 4:30 Welcome to the Table Café: Connection, Comfort & Conversation Hour (3DR)	9:45 Word Find Challenge:(3DR) 2:00 Today with Diane Forum: (3DR) 4:30 Shabbat Melodies & Reflection Hour (CH5) 5:00 Shabbat Service Experience (CH5 & SYN)	10:30 Broadway & Beyond: Movie Musical Experience (3DR) 10:30 Shabbat Gathering: Service & Spiritual Reflection (SYN & CH5) 2:00 Crafting with Friends (3DR) 4:00 Mind Sparks: Fill in the Blanks Challenge (2DR)
10:30 Bridgepoint Christian Service (3DR) 1:30 Catholic Visits 2:00 Resident Volunteer Run: Beading & Design (3SDR) 4:15 Table Talk & Tunes: (2DR) 7 : 0 0 Dancing with Dr. Levine (SYN)	9:45 Mindful Movers Chair Dance (3DR) 10:30 Urban Legends Lounge: Truth or Tale Discussion Circle (3DR) 1:45 Bingo Bonanza (ACT) 3:00 Riddle Masters: Brain Teaser Challenge (ACT) Daily Chronicle: News & Neighborly Visits (4th Floor)	9:45 Fit Friends Yoga: (3DR) 10:30 Travel Abroud: A California Road Trip 2:00 Sacred Reflections: Eucharistic Service Experience (CH5/SYN) 2:45 Bingo Bonanza (ACT) 4:30 Conversation & Connection Hour (3DR)	9:45 Consciousness Meditation Circle (3DR) 11:00 Resident Lunch Outing 3:30 Bingo Bonanza Social (ACT) 4:30 Daily Chronicle Café: News, Views & Conversation (3DR) 6:00 Popcorn & Movie Matinee	10:00 Art from the Heart Studio: Creative Expression & Personal Design (ACT) 10:30 Relax & Renu Mani Experience Seated Bowling (ACT) 4:30 Welcome to the Table Café: Connection, Orientation & Conversation Hour (3DR)	9:45 Word Wise Challenge: Cognitive Word Exploration (3DR) 1:45 Grateful Gathering 3DR 2:00 Conversation Corner with Diane: Thoughtful Dialogue & Perspective Exchange (3DR) 5:00 Shabbat Service Experience (CH5 & SYN)	10:30 Broadway & Beyond: Movie Musical Experience (3DR) 10:30 Shabbat Gathering: Service & Spiritual Reflection (SYN & CH5) 2:00 Crafting with Friends (3DR) 4:00 Scent & Memory Garden: Sensory Exploration (2DR)
10:30 American Masters Documentary Series 3DR 1:30 Catholic Visits 2:00 The Holocaust Museum (Butterfly Project) 4:15 Table Talk & Tunes: (2DR) 7 : 0 0 Dancing with Dr. Levine (SYN)	9:45 Move & Groove: Yoga Dance Party (3DR) 10:30 20 Questions (3DR) 1:45 Bingo Bonanza (ACT) 3:00 Those Were the Days: (ACT) Daily Chronicle: News & Neighborly Visits (4th Floor)	9:45 Fit Friends Yoga: Strength, Balance & Flexibility (3DR) 10:30 Why Do We Day That 2:00 Bridgepoint Christian Service On The Big Screen (SYN) 4:30 Daily Chronicle Café: News, Views & Conversation (3DR)	9:45 Consciousness Meditation Circle (3DR) 10:30 The Daily Chronicle (3DR) 2:00 Family Memorial 4:30 Conversation & Connection Hour (3DR)	10:00 Art from the Heart Studio: Creative Expression & Personal Design (ACT) 1:45 The Art of Sketching with JJ 4:30 Welcome to the Table Café: Connection, Comfort & Conversation Hour (3DR)	9:45 Word Find Challenge:(3DR) 2:00 Today with Diane Forum: (3DR) 4:30 Shabbat Melodies & Reflection Hour (CH5) 5:00 Shabbat Service Experience (CH5 & SYN)	Socialization/Community Current Events/History Games/Trivia Physical Fitness/Exercise Spiritual/Religious Education/Learning Arts & Crafts. Music & Entertainment Memory & Reminiscing

ALL ACTIVITIES ARE SUBJECT TO CHANGE BASED ON THE NEEDS OR INTEREST OF OUR RESIDENTS.