

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



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| <p><b>5</b></p> <p>10:30 Music &amp; More<br/>1:30 1-1 Catholic Visits<br/>Throughout Building<br/>2:00 Tabletop Activity<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p>  |  | <p><b>6</b></p> <p>10:15 Breathing &amp; Stretching<br/>Balloon Toss<br/>10:30 Pets Visits with Boo<br/>2:00 Tasty Treats<br/>3:00 Brain Games<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p>   |  | <p><b>7</b></p> <p>Daily Visits Throughout Day<br/>10:30 Chair Dance<br/>10:30 Pets Visits with Daisy<br/>2:00 Tasty Treats<br/>3:00 Fun with Friends<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p>                        |  | <p><b>8</b></p> <p>Daily Visits Throughout Day<br/>10:30 Table-Top Game<br/>2:00 Tasty Treats<br/>3:00 Tabletop<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> <p><small>New Year's Day</small></p>                       |  | <p><b>9</b></p> <p>Daily Visits Throughout Day<br/>10:30 Good Morning Friends<br/>2:00 <b>Show Time with John ACT/SYN</b><br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p>  |  | <p><b>10</b></p> <p>Daily Visits Throughout Day<br/>10:30 Breathing &amp; Stretching<br/>Balloon Toss<br/>2:00 Tasty Treats<br/>3:00 Arts &amp; Crafts with Tania<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> |  | <p><b>11</b></p> <p>Daily Visits Throughout Day<br/>10:30 Shabbat Service <b>CH5 SYN</b><br/>2:00 tasty Treats<br/>3:00 Music &amp; More<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> |  |
| <p><b>12</b></p> <p>10:30 Music &amp; More<br/>1:30 1-1 Catholic Visits<br/>Throughout Building<br/>2:00 Tabletop Activity<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p>   |  | <p><b>13</b></p> <p>10:15 Breathing &amp; Stretching<br/>Balloon Toss<br/>10:30 Pets Visits with Boo<br/>2:00 Tasty Treats<br/>3:00 Brain Games<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p>  |  | <p><b>14</b></p> <p>Daily Visits Throughout Day<br/>10:30 Good Morning Friends with Friends<br/>10:30 Pets Visits with Daisy<br/>2:00 Tasty Treats<br/>3:00 Fun with Friends<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> |  | <p><b>15</b></p> <p>Daily Visits Throughout Day<br/>10:30 Parachute Play<br/>2:00 Tasty Treats<br/>3:00 Sing-along<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p>   |  | <p><b>16</b></p> <p>Daily Visits Throughout Day<br/>10:30 Good Morning Friends<br/>2:00 Fill in the Blanks<br/>2:00 <b>Music with Stacy Frank ACT</b><br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p>                          |  | <p><b>17</b></p> <p>Daily Visits Throughout Day<br/>10:30 Breathing &amp; Stretching<br/>Balloon Toss<br/>2:00 Tasty Treats<br/>3:00 Arts &amp; Crafts with Tania<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> |  | <p><b>18</b></p> <p>Daily Visits Throughout Day<br/>10:30 Shabbat Service <b>CH5 SYN</b><br/>2:00 tasty Treats<br/>3:00 Music &amp; More<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> |  |
| <p><b>19</b></p> <p>10:30 Music &amp; More<br/>1:30 1-1 Catholic Visits<br/>Throughout Building<br/>2:00 Tabletop Activity<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> <p><small>Activity Professionals Week</small></p> |  | <p><b>20</b></p> <p>10:15 Breathing &amp; Stretching<br/>Balloon Toss<br/>10:30 Pets Visits with Boo<br/>2:00 Tasty Treats<br/>3:00 Brain Games<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> <p><small>Martin Luther King Jr. Day</small></p> |  | <p><b>21</b></p> <p>Daily Visits Throughout Day<br/>10:30 Chair Yoga<br/>10:30 Pets Visits with Daisy<br/>2:00 Tasty Treats<br/>3:00 Fun with Friends<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p>                        |  | <p><b>22</b></p> <p>Daily Visits Throughout Day<br/>10:30 Table-Top Game<br/>2:00 Tasty Treats<br/>3:00 Table-Top<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p>  |  | <p><b>23</b></p> <p>Daily Visits Throughout Day<br/>10:30 Good Morning Friends<br/>2:00 <b>Let's Do Karaoke ACT</b><br/><b>All Are Welcome! Superhero Theme Day! All are Welcome to Dress in your favorite t-shirt or outfit!</b></p> |  | <p><b>24</b></p> <p>Daily Visits Throughout Day<br/>10:30 Breathing &amp; Stretching<br/>Balloon Toss<br/>2:00 Tasty Treats<br/>3:00 Arts &amp; Crafts with Tania<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> |  | <p><b>25</b></p> <p>Daily Visits Throughout Day<br/>10:30 Shabbat Service <b>CH5 SYN</b><br/>2:00 tasty Treats<br/>3:00 Music &amp; More<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> |  |
| <p><b>26</b></p> <p>10:30 Music &amp; More<br/>1:30 1-1 Catholic Visits<br/>Throughout Building<br/>2:00 Tabletop Activity<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> <p><small>Australia Day (Observed)</small></p>    |  | <p><b>27</b></p> <p>10:15 Breathing &amp; Stretching<br/>Balloon Toss<br/>10:30 Pets Visits with Boo<br/>2:00 Tasty Treats<br/>3:00 Brain Games<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p>  |  | <p><b>28</b></p> <p>Daily Visits Throughout Day<br/>10:30 Good Morning Friends with Friends<br/>10:30 Pets Visits with Daisy<br/>2:00 Tasty Treats<br/>3:00 Fun with Friends<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> |  | <p><b>29</b></p> <p>Daily Visits Throughout Day<br/>10:30 Table-Top Game<br/>2:00 Sing-along<br/>3:00 Table-Top<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> <p><small>Chinese New Year (Year of the Snake)</small></p> |  | <p><b>30</b></p> <p>Daily Visits Throughout Day<br/>10:30 Good Morning Friends<br/>2:00 Fun with Words<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p>   |  | <p><b>31</b></p> <p>Daily Visits Throughout Day<br/>10:30 Breathing &amp; Stretching<br/>Balloon Toss<br/>2:00 Tasty Treats<br/>3:00 Arts &amp; Crafts with Tania<br/>4:15 Dinner Music for the 2<sup>nd</sup> Floor</p> |  | <p><b>All activities are subject to change based on the needs and interest of our residents.</b></p>  |  |

Abbreviation Key Codes **ACT**: Activity Room **SYN**: Synagogue **CH**: Channel Christian Services can be watches on **TBT**: Trinity Broadcasting Network (Christian) on your cell phone or smart tv.