

Monday	Tuesday	Wednesday	Thursday	Friday
Nat. Postal Workers Day 1 10:00 Current Events 10:15 Station Groups 11:00 Sit & Stretch 1:00 Art Class- Create Your Own Stamp 2:30 Bingo	Ann. of Civil Rights Act 2 10:00 Current Events 10:15 Pet Visits 11:00 Sittercise 1:30 Civil Rights Movement 2:30 Travelogue- Natural Wonders of the World	Nat. Chocolate Wafer Day 3 10:00 Current Events 10:15 Station Groups 11:00 Chair Tai Chi 1:00 Pre 4th of July Celebration 2:30 Bingo	Day Center Closed 4 	Day Center Closed 5 
Colorful Character Day 8 10:00 Current Events 10:15 Station Groups 11:00 Sit & Stretch 1:00 Name the Colorful Characters 2:30 Bingo	Cow Appreciation Day 9 10:00 Current Events 10:15 Pet Visits 11:00 Sittercise 1:30 Cow Trivia 2:30 Travelogue- Amazing Places that Exist	Don't Step on a Bee Day 10 10:00 Current Events 10:15 Station Groups 11:00 Chair Tai Chi 1:00 Minute Menus- Honey Cocoa Cookies 2:30 Bingo	World Population Day 11 10:00 Current Events 10:15 Station Groups 11:00 Exercise 1:00 Pop Quiz 2:00 Showtime w/ John 3:00 Patio Chat	Frankfurter Friday 12 10:00 Current Events 10:15 Station Groups 11:00 Chair Yoga 12:00 Hot Dog Bar & Sides 1:30 Matinee Movie
Nat. I Love Horses Day 15 10:00 Current Events 10:15 Station Groups 11:00 Sit & Stretch 1:00 Painted Horses & Trivia 2:30 Bingo	Hula Hoop Day 16 10:00 Current Events 10:15 Pet Visits 11:00 Sittercise 1:30 Can you Hula? 2:30 Travelogue- Man-Made Wonders	Disney Day 17 10:00 Current Events 10:15 Station Groups 11:00 Chair Tai Chi 1:00 Name that Disney Character & Movie 2:30 Bingo	Titanic Day 18 10:00 Current Events 10:15 Station Groups 11:00 Exercise 1:00 Titanic Fact or Fiction 1:30 Titanic Movie	Breyers Ice Cream Day 19 10:00 Current Events 10:15 Station Groups 11:00 Chair Yoga 12:00 Pizza, Wings, & Things 1:30 Matinee Movie
National Mango Day 22 10:00 Current Events 10:15 Station Groups 11:00 Sit & Stretch 1:00 Name the Fruit or Vegetable 2:30 Bingo	Gorgeous Grandma Day 23 10:00 Current Events 10:15 Pet Visits 11:00 Sittercise 1:30 Share Pictures of Gorgeous Grandmas 2:30 Travelogue- World's Most Beautiful Cities	Women in Baseball 24 10:00 Current Events 10:15 Station Groups 11:00 Chair Tai Chi 1:00 History of the All-American GPBL 2:30 Bingo	Wine & Cheese Day 25 10:00 Current Events 10:15 Station Groups 11:00 Exercise 1:00 Mandalas & Music 2:00 Happy Hour 3:00 Patio Chat	National Bagelfest Day 26 10:00 Current Events 10:15 Station Groups 11:00 Chair Yoga 12:00 St. Pete Bagel Company 1:30 Matinee Movie
International Tiger Day 29 10:00 Current Events 10:15 Station Groups 11:00 Sit & Stretch 1:00 Art Class- Painted Tigers 2:30 Bingo	Int. Day of Friendship 30 10:00 Current Events 10:15 Pet Visits 11:00 Sittercise 1:30 Make a Pressed Flower & Give it to a Friend 2:30 Travelogue- Rome	National Mutt Day 31 10:00 Current Events 10:15 Station Groups 11:00 Chair Tai Chi 1:00 Popular Mutt Breeds 1:30 Puppy Craft 2:30 Bingo	 <p>ACTIVITY CALENDAR July 2024 Weissman Day Center <small>A COMMUNITY OF MENORAH LIFE</small></p>	

ACTIVITIES ARE SUBJECT TO CHANGE

On theme days, have some fun with it and dress up!!