## Weissman Day Center MAY 2024

## menorah*Life*

Monday	Tuesday	Wednesday		Thursday	Friday	
The state of the s		10:00 Current Events	01	10:00 Current Events	10:00 Current Events	03
		10:15 Station Groups		10:15 Station Groups	10:15 Garden Strolls	
		11:00 Chair Tai Chi		11:00 Sit & Stretch	11:00 Chair Yoga	
		1:00 TB Rays VS Mil Brewers		1:00 Sing Along	12:00 Pizza Party	
		1:30 Manicures & More		2:00 Monopoly Board Game	3:00 Afternoon Matinee-	
		2:00 Bingo		3:00 Gardening Club	Field of Dreams	
0:00 Current Events	10:00 Current Events	10:00 Current Events		·	10:00 Current Events	10
.0:15 Station Groups	10:15 Station Groups	10:15 Station Groups		10:15 Station Groups	10:15 Garden Strolls	10
1:00 Noodle Ball	11:00 Sittercise	11:00 Chair Tai Chi		11:00 Sit & Stretch	11:00 Chair Yoga	
l:00 Sing Along	1:00 May Trivia	1:00 Jeopardy		1:00 Sing Along	12:00 Lunch in Gulfport	
2:00 Bingo	2:00 Working w/ Watercolor -	1:30 Manicures & More		2:00 UNO	3:00 Afternoon Matinee-	
3:00 Patio Chat & Iced Beverages	Gardens	2:00 Bingo		3:00 Gardening Club	Blue Hawaii	
1.3 IO:00 Current Events	2:30 Gardening Club 10:00 Current Events $14$	3:00 Patio Chat 10:00 Current Events	15		10:00 Current Events	17
10:15 Station Groups	10:15 Station Groups	10:15 Station Groups		10:15 Station Groups	10:15 Garden Strolls	Τ1
· · · · · · · · · · · · · · · · · · ·	11:00 Sittercise	11:00 Chair Tai Chi		11:00 Sit & Stretch	11:00 Chair Yoga	
1:00 Sing Along	1:00 Word Jumbles	1:00 Match Game		1:00 Sing Along	12:00 Culver's Restaurant	
2:00 Bingo	2:00 Floral Picture Frames	1:30 Manicures & More		2:00 Penny Ante	3:00 Afternoon Matinee-	
3:00 Patio Chat & Iced Beverages	2:30 Gardening Club	2:00 Bingo		_		
		3:00 Patio Chat 10:00 Current Events	22	3:00 Gardening Club	Rebecca of Sunnybrook	24
10:15 Station Groups	10:15 Station Groups	10:15 Station Groups	22		10:00 Current Events	24
11:00 Noodle Ball	11:00 Sittercise	11:00 Chair Tai Chi		10:15 Station Groups	10:15 Garden Strolls	
1:00 Sing Along	1:00 Timeless Trivia	1:00 Family Feud		11:00 Sit & Stretch	11:00 Chair Yoga 12:00 Po' Folks	
2:00 Bingo	2:00 Pressed Flower Bookmarks	1:30 Manicures & More		1:00 Sing Along		
3:00 Patio Chat & Iced Beverages	2:30 Gardening Club	2:00 Bingo		2:00 Left, Center, Right	3:00 Afternoon Matinee-	
07	10.00	3:00 Patio Chat	00	3:00 Gardening Club	Hairspray	71
		Nat. Senior Fitness Day 10:00 Current Events	29		10:00 Current Events	31
ADC CLOSED in	10:15 Station Groups	10:15 Station Groups		10:15 Station Groups	10:15 Garden Strolls	
OBSERVANCE of	11:00 Sittercise	11:00 Chair Tai Chi		11:00 Sit & Stretch	11:00 Chair Yoga	
<b>MEMORIAL DAY</b>	1:00 How Many Words? 2:00 Springtime Arts & Crafts	1:00 Backyard Games		1:10 TB Rays VS OAK A's Baseball	12:00 Kopper Kitchen	
	2:30 Gardening Club	1:30 Manicures & More		Game & Snacks	3:00 Afternoon Matinee-	
	2.00 daideiling olub	2:00 Bingo		3:00 Gardening Club	South Pacific	

## Goals

The Weissman Day Center (WDC) will continue to embrace an atmosphere that is warm, friendly, and fun.

WDC will remain an interactive program that includes social, physical, creative, and intellectual activities to promote wellbeing of mind, body, and spirit.

## Notes

Hours of Operation

Monday- Friday

8:30 am to 4:00 pm

The Center is closed on the following legal holidays:

\*New Year's Day

\*Memorial Day

\*4th of July,

\*Labor Day

\*Thanksgiving Day

\*Christmas Day