

Monday	Tuesday	Wednesday	Thursday	Friday
10:00 Current Events 3 10:15 Station Groups 11:00 Noodle Ball 1:00 Timeless Trivia- Battlefields, Conflicts & War Heroes 2:00 Bingo	10:00 Current Events 4 10:15 Station Groups 11:00 Sittercise 1:00 Sing Along 2:00 Fall Art 3:00 Travelogue- The Philippine Islands	10:00 Current Events 5 10:15 Station Groups 11:00 Chair Tai Chi 1:00 Wheel of Fortune 1:30 Patio Chat 2:00 Bingo 3:00 Manicures & More	10:00 Current Events 6 10:15 Station Groups 11:00 Sit & Stretch 1:00 Hand Massages 2:00 Minute Menus- Fried Apples 3:00 Patio Chat	10:00 Current Events 7 10:15 Station Groups 11:00 Chair Yoga 1:00 Ride up the Coast & Ice Cream Stop 3:00 Who, What, or Where I Am?
10:00 Current Events 10 10:15 Station Groups 11:00 Noodle Ball 1:00 Timeless Trivia- Classic TV, Radio & Movies 2:00 Bingo	10:00 Current Events 11 10:15 Station Groups 11:00 Sittercise 1:00 Junk Drawer Finds 2:00 DIY Ceramics 3:00 Travelogue- Thailand	10:00 Current Events 12 10:15 Station Groups 11:00 Chair Tai Chi 1:00 How Many Words? 1:30 Patio Chat 2:00 Bingo 3:00 Manicures & More	10:00 Current Events 13 10:15 Station Groups 11:00 Sit & Stretch 1:00 Hand Massages 2:00 Minute Menus- Autumn Cookies 3:00 Patio Chat	10:00 Current Events 14 10:15 Station Groups 11:00 Chair Yoga 12:00 Lunch at Bob Evans 2:00 Friday Movie- Wizard of Oz
10:00 Current Events 17 10:15 Station Groups 11:00 Noodle Ball 1:00 Timeless Trivia- The Explosive Era of the Baby Boomers 2:00 Bingo	10:00 Current Events 18 10:15 Station Groups 11:00 Sittercise 1:00 Sing Along 2:00 Wood Art 3:00 Travelogue- Indonesia	10:00 Current Events 19 10:15 Station Groups 11:00 Chair Tai Chi 1:00 Family Feud 1:30 Patio Chat 2:00 Bingo 3:00 Manicures & More	10:00 Current Events 20 10:15 Station Groups 11:00 Sit & Stretch 1:00 Hand Massages 2:00 Minute Menus- Hot Apple Cider 3:00 Patio Chat	10:00 Current Events 21 10:15 Station Groups 11:00 Chair Yoga 1:00 Shopping at 5 & Below 3:00 Who, What, or Where I Am?
10:00 Current Events 24 10:15 Station Groups 11:00 Noodle Ball 1:00 Timeless Trivia- Hail to the Chiefs 2:00 Bingo	10:00 Current Events 25 10:15 Station Groups 11:00 Sittercise 1:00 Junk Drawer Finds 2:00 Autumn Signs 3:00 Travelogue- Vietnam	10:00 Current Events 26 10:15 Station Groups 11:00 Chair Tai Chi 1:00 Fill in The Blank 1:30 Patio Chat 2:00 Bingo 3:00 Manicures & More	10:00 Current Events 27 10:15 Station Groups 11:00 Sit & Stretch 1:00 Hand Massages 2:00 Minute Menus- Pumpkin Gingerbread Parfaits	10:00 Current Events 28 10:15 Station Groups 11:00 Chair Yoga 12:00 Lunch at Panera Bread 2:00 Friday Movie- Casablanca
10:00 Current Events 31 10:15 Station Groups 11:00 Noodle Ball 1:00 Timeless Trivia- Advertising Slogans, Jingles, & Taglines 2:00 Bingo	 <h1 style="color: orange; font-family: cursive;">October 2022</h1> <h2 style="font-weight: bold; margin-top: 10px;">WEISSMAN DAY CENTER</h2>			